



SOUND MIND WILDERNESS TOUR

HOSTED BY ANDREW CLARK & AMY BUDDEN

SEGERA RETREAT, KENYA

SEPTEMBER 16 - 22, 2019



THE ITINERARY

SEGERA RETREAT – 6 NIGHTS

Set in the heart of Laikipia, one of Kenya's most exciting safari locations, conservationist Jochen Zeitz has created an exclusive destination for fun, adventure, spiritual reflection and peace, where absolute luxury, bespoke service and generous all-inclusive offerings combine to give you exceptional privacy in your wild Kenyan home away from home. Segera is a treasured haven for Kenya's most celebrated wildlife species, where a holistic approach to wellness ensures a revitalizing and authentic safari experience from the moment you arrive. Nestled between glorious Mount Kenya to the east and the Great Rift Valley to the west, a stunningly diverse and seemingly magical environment, Segera's golden savannah plains, rocky waterfalls and tropical botanical gardens offer a peerless and exquisite venue for the personal reflection and spiritual connection.

THE ROOMS



Segera accommodation consists of six private two-story villas of wood and thatch that gaze out over the Laikipia Plateau towards the spectacular Mount Kenya. Within the privacy of the villas, a large bedroom and en-suite bathroom fill the upstairs space under spectacular timber trusses. A private sun deck in the garden offers comfortable sun loungers for soaking up the African sun and a swing bed for whiling the hours away; while a Jacuzzi bath, sunk into the deck outside the bedroom, has a pleasing vantage point.

Beautifully renovated stables form the core of the main area. Throughout, the Retreat and its gardens are filled with selected paintings and other art from amongst Africa's most inspiring artists from the Zeitz Collection. Other delights include a spa and gym as well as the unique NAY PALAD Bird's Nest. The sumptuous cuisine comprises Segera's own free-range beef and organic vegetables.

THE ITINERARY

Monday, September 16th

Upon arrival in Nairobi International Airport, you are met and assisted through customs and airport formalities. Continue to connect to your private chartered flight to Segera Retreat in Laikipia. Settle into the retreat and enjoy your first afternoon at leisure.

Lunch and dinner included

Tuesday – Saturday, September 17th – 21st

Enjoy five full days at Segera Retreat – participating in activities hosted by Amy and Andrew and enjoying the activities offered by the lodge.

Formerly a patchwork of huge ranches, and still an important livestock district, Laikipia is now where some of Kenya's most encouraging conservation success stories are unfolding. The environment here is managed to protect the wildlife, to promote a personal and small-scale approach to adventurous and often luxurious safari tourism, and to generate an income for the local Samburu and Laikipiak and Mokogodo Maasai communities.

Laikipia harbors a wealth of endangered species, including roughly half of Kenya's 600-odd black rhinos. Also on the increase in Laikipia are the rare wild dogs, with several packs here and good chances of seeing them: Laikipia is now their second most important range in Africa. Spotting Grevy's zebras –the handsome, radar-eared, fine-striped species – is almost a certainty, as a quarter of Africa's remaining population lives in Laikipia. You can find



most of Kenya's more common wildlife in Laikipia, too, as well as more than 2,000 elephants, which migrate between the slopes of Mount Kenya, the Laikipia safari conservancies and the Samburu region.

Activities offered by Segera Retreat include game drives on 4x4 safari vehicles, guided nature walks, hides for game viewing and look out points, sundowners and bush picnics, cultural community visits, sleep outs, art exhibition and access to the spa and wellness center. You can also enjoy a scenic flight over the landscape at an additional cost.

Breakfast, lunch and dinner included

Sunday, September 22nd

Today, say goodbye to the Segera team as you are transferred to the airstrip to board your private chartered flight to Nairobi. Upon arrival, connect with your onwards flight.

Breakfast included

PRICING AND INCLUSIONS

PRICING & PAYMENT

To confirm your space on the trip, a 30% deposit would be collected. Final payment will be collected 60 days prior to travel. *Please note that all rates are based on double occupancy and are subject to availability until the entire group has confirmed.*

Retreat Cost:	\$11,425.00 per person <i>(based on double occupancy)</i>
Travel Insurance (starting at):	\$659.00 per person <i>(based on age and final trip cost)</i>

INCLUSIONS

The following components of the trip are included in the cost:

- VIP Airport Greeter upon arrival in Nairobi
- Private chartered flight from Nairobi to Segera Retreat
- 6 nights at Segera Retreat including accommodation, all meals, all drinks (some premium alcohol available for additional cost), retreat activities: drives (game/art), guided walks, sleep-outs, visit to a local homestead and a variety of other community-based activities, laundry, wireless internet, gym, local government taxes.
- Private chartered flight from Segera Retreat to Nairobi

EXCLUSIONS

The following components of the trip are not included in the cost:

- International air costs
- Tipping for local guides and drivers
- Travel insurance

CUSTOM EXTENSION IDEAS

MAASAI MARA GAME RESERVE, KENYA



Logistically, one of the easiest and offering the best animal sightings in the country, one may consider adding time to visit the Maasai Mara Game Reserve. The Maasai Mara together with Tanzania's Serengeti form Africa's most famous wildlife park. The image of acacia trees on an endless grass plain epitomizes Africa for many, and then add a Maasai warrior and some cattle to the picture and the conversation need go no further. This area is also home to a handful of luxury safari camps that would combine well with the accommodations in the retreat.

Within the Maasai Mara, we would advise that you stay at a camp in a private conservancy adjacent to the game reserve. In these conservancies, tourism levels are controlled which maximizes the client wilderness experience and minimizes the environmental impact of tourism. The Maasai Mara and surrounding conservancies are home to a spectacular array of plants, reptiles, birds and mammals; including elephant, rhino, buffalo, lion, leopard, cheetah and large concentrations of wildebeest, zebra, gazelle and other migratory wildlife.

SERENGETI NATIONAL PARK, TANZANIA



The Serengeti is vast and beautiful; it's one of Africa's most captivating safari areas. The sheer amount of game here is amazing: estimates suggest up to about two million wildebeest, plus perhaps half a million zebra, hundreds of thousands of Thompson's gazelle, and tens of thousands of impala, Grant's gazelle, topi (tsessebe), hartebeest, eland and other antelope – all hunted by the predators for which these plains are famous.

Some of this game resides permanently in 'home' areas, which are great for safaris all year round. But many of the wildebeest and zebra take part in the migration – an amazing spectacle that's one of the greatest wildlife shows on earth. If you plan carefully, it's still possible to witness this in wild and remote areas. In September, the migration is typically in the Northern Serengeti, crossing into Kenya's Maasai Mara.

VOLCANOES NATIONAL PARK, RWANDA



Rwanda, a neighboring country to Kenya, offers one of East Africa's most iconic wildlife experiences – trekking with the mountain gorillas. A couple hour drive from Kigali, you will find luxurious accommodation in Volcanoes National Park, Rwanda. Bisoke and Karisimbi volcano peaks rising through the forests of nearby Volcanoes National Park. In the morning, head out to the Park

Headquarters, from where once-in-a-lifetime gorilla treks depart daily. Permits are purchased in advance and groups of eight guests are assigned the morning of. Your group departs with a guide into the forest, with treks varying in distance depending on the location of the gorilla families. Once you reach the gorillas, enjoy one hour watching these animals from an intimate distance – an experience sure to last in your mind forever. We recommend booking two days of gorilla trekking for the fullest experience.

Other local activities include community visits, birding, golden monkey tracking, helping to reforest the area, Gorilla Guardian Village, the Twin Lakes of Ruhondo and Burera, and Dian Fossey's grave.

VICTORIA FALLS, ZIMBABWE



With direct flights offered in between Livingstone and Nairobi, it is very easy to add on an extension to Victoria Falls – one of the Seven Natural Wonders of the World. One of the greatest attractions in Africa and one of the most spectacular waterfalls in the world, Victoria Falls is located on the Zambezi River, the fourth largest river in Africa, which is also

defining the border between Zambia and Zimbabwe.

Victoria Falls is the only waterfall in the world with a length of more than a kilometer and a height of more than hundred meters. It is also considered to be the largest fall in the world.

The noise of Victoria Falls can be heard from a distance of 25 miles, while the spray and mist from the falling water is rising to a height of over 1300 feet and can be seen from a distance of 30 miles. No wonder that the local tribes used to call the waterfall “Mosi-o-Tunya”, translating to “The smoke that thunders”.

This region also combined easily with Botswana, for some extremely unique and private safari experiences.

ZANZIBAR, TANZANIA



Lying off Tanzania's coast, the Zanzibar Archipelago consists of more than 50 islands, most of which have a long history and a rich cultural mix. The best-known island here is Zanzibar (or 'Unguja Island', as it is more properly known).

The larger islands in the archipelago are highly fertile, with many agricultural resources. They're covered with small farms and everywhere the air is thick with the aroma spices – it's an exotic

atmosphere. The beaches on these islands are often stunning: many are powdery white sand, shaded by palm trees. The sea is shallow and tropical, and the reefs are great for snorkeling and diving.

THE SEYCHELLES



Lying about 930 miles east of mainland Africa, Seychelles, is an idyllic archipelago nation and the perfect beach holiday destination. Its 155 picturesque islands are set in the heart of the sparkling blue Indian Ocean, with Zanzibar to the west, Mauritius and Réunion to the south, and the Maldives to the northeast.

The islands of the Seychelles are stunning, and well known as a blissfully isolated honeymoon

haven with luxurious hideaways and excellent diving. Holidays in the Seychelles can be a

rejuvenating antithesis to city life, enabling the islands to live up to their hype as magical, bucket list destinations!

...AND MORE. THE OPPORTUNITIES ARE ENDLESS

For any pre or post trip extensions, whatever they may be, please contact:

Charlotte Barillier

Roam Travel Company

818-292-0309

charlotte@roamtravelcompany.com

TERMS & CONDITIONS

NOTE: BY SENDING US YOUR INITIAL DEPOSIT (OR ANY SUBSEQUENT PAYMENT) TOWARD YOUR TRIP PRICE, YOU ARE CONFIRMING YOUR ACCEPTANCE OF THE TERMS & CONDITIONS BELOW.

PRICING AND PAYMENT

To confirm your itinerary, we collect a 30% deposit on the total trip price, or more if there are larger nonrefundable supplier amounts due (in some circumstances such as yacht or plane charter a larger non-refundable deposit may be required and separate terms will be drawn up). Please note that until we have received your deposit payment at the time of confirmation, all arrangements are *subject to availability and/or price change*. Final payment is due 90 days prior to the trip start date. Pricing is calculated on current exchange rates. Roam Travel Company (RTC) reserves the right to reprice if significant currency fluctuation takes place between the time of confirmation and full payment. If you would like to pay in full at the time of confirmation, RTC is able to fix the price at the rate offered. Payment can be made by credit card (Visa, MasterCard, American Express), personal check and bank transfer at this time. If final payment is not received, RTC reserves the right to release your reservations and assumes that the trip has been cancelled by you. In this instance, our standard cancellation fees would apply.

TRIP CANCELLATION

Your trip is subject to cancellation penalties depending on time of cancellation. If you cancel your trip, the following fees will apply:

61+ days prior to trip start=25% of trip price

0-60 days=100% of trip price

RTC retains the right to change or cancel your trip entirely in extreme circumstances, for example if your safety or the quality of the trip, in our sole opinion, is deemed to be compromised. If we cancel your trip, we will refund what you have paid us but we cannot be held responsible for losses you may incur with third parties, such as airlines or hotels. For this reason, we strongly recommend Cancellation & Interruption insurance.

TRAVEL INSURANCE

We strongly recommend that you purchase comprehensive travel insurance. Our cancellation fees are not negotiable.

UNFORESEEABLE CHANGES

It is sometimes necessary (or recommended) that changes be made to your itinerary after it has been confirmed with your deposit. This is most common when a third party (i.e. airline, hotel) makes changes that are beyond our control, such as a flight cancellation or schedule change. In other instances, changes may be necessary due to extreme weather or events in the region. We will always do our best to rework the itinerary in a way that minimizes changes to the flow and pricing of your trip. However, if the itinerary changes require us to re-price your trip you will be responsible for the difference in cost.

WHEN YOU MAKE CHANGES TO YOUR TRIP

Clients are allowed to make minor changes to the itinerary once the trip is confirmed, within reason as determined by RTC and with sufficient advance notice. We will try our best to accommodate your requests. However, major changes will incur additional planning fees and/or nonrefundable deposit payments in addition to the amount initially quoted. See the "Trip Cancellation" section above for our fees should you need to cancel your trip entirely.

YOUR RESPONSIBILITIES

RTC is committed to making your trip as rewarding and fun as possible. But we require your help to do so. For example, we rely on you to provide us with necessary personal information and travel preferences (fill-in forms will be provided) so we can craft the right trip for you. We also ask that you respond to our questions in a timely manner so as not to delay the planning process. It is your responsibility to become informed about the most current travel advisories and warnings for countries of travel. We will do our best to keep you informed of major developments but you must contact your relevant government agency to be aware of any travel advisories and warnings (U.S. Department of State- <http://travel.state.gov/>) Should you choose to ignore such travel advisories and warnings, the Traveler assumes all risk of personal injury, death or property damage that may arise out of the events like those advised or warned against.

OUR RESPONSIBILITIES

RTC recognizes the faith and trust you put in us to plan your travel. We will do our utmost to create and deliver the perfect trip for you. Our aim is to provide you with reliable and personalized service. We will respond to your messages promptly and will keep you informed as your itinerary evolves. If at any time you have questions or concerns we ask that you let us know immediately so we can address them.

TRAVEL DOCUMENTS AND PASSPORTS

It is your responsibility to ensure that you have a valid passport and meet all necessary entry requirements of the country or countries you will be visiting. These requirements vary by country and nationality and can change from time to time. RTC will do its best to inform Travelers of these general requirements, but we ask that you contact the appropriate embassy(ies)/consulate(s) in your country of residence. RTC is not responsible for delays, changes or costs of any kind due to incomplete, expired or inaccurate Traveler documentation.

HEALTH

By sending us your initial deposit you certify that you nor to your knowledge anyone travelling with you, if applicable, does not have any physical or other condition or disability that would make travelling unsafe for you or other Travelers. It is your responsibility to ensure that you have received all appropriate vaccinations and medications (Center for Disease Control and Prevention- <http://www.cdc.gov/>). Please consult your doctor before travelling with us and take all necessary precautions.

PRIVACY

Your privacy is important to us. RTC is required to collect personal information (such as passport details) in order to plan your trip. We appreciate the sensitive nature of this information and will not share it with third parties (other than as required for booking air, hotel or other reservations as a part of your trip). By sending us your initial deposit, you are consenting to RTC collecting and using your personal information as required to plan your trip and provide you with proper services.

RISKS

As always, travel involves risks. Our trips are often off the beaten path and in developing countries with transportation, communication and healthcare standards that are different from what you get at home. Our trips may be physically demanding and there is a risk of serious personal injury, including permanent disability and death from accident, illness or the actions of negligence of other persons. Medical facilities and services may not be readily accessible and may not be sophisticated. With that said, our local team in each country are available to provide an additional level of security in case of injury or disaster.

PHOTOGRAPHY

In participating in the trip, we ask that Travelers share rights to any photographic or film records of the trips for promotional and/or commercial purposes, without any remuneration to the Traveler. We appreciate your participation in this and hope that you appreciate our interest.

LIMITATION OF LIABILITY, RELEASE AND INDEMNITY

To be eligible to take a RTC trip, Travelers must accept the risks of travel, including those set out in “Risks” and otherwise set out in these Terms & Conditions, and assume full responsibility for any loss, injury, death or damage to them, their family or their dependents or property arising in connection with their participation, or the participation of their family, in the trip. Travelers must have their own insurance appropriate to their needs and the needs of their family or dependents in respect of such loss, injury, death or damage.

The cost of all RTC trips is based on Travelers agreeing to these Terms & Conditions and in particular this Limitation of Liability, Release and Indemnity. As RTC is acting solely as an agent of you with respect to all transportation, accommodations, meals and other arrangements, in consideration for participating in the trips, Travelers agree not to sue Roam Travel Company, its employees, directors, successors, agents and assigns in respect of, and forever release them from, all liability for economic loss and physical or mental injury, direct or indirect, arising in connection with the trip and the actions of any third party service providers—including, without limitation, permanent disability and death; any emotional distress; any loss of services, financial support, aid, consortium or companionship; and any damage to or loss of property—in each case even if caused in whole or in part by the conduct, including the negligence, of Roam Travel Company, except where such loss, injury or damage is caused by reckless or fraudulent conduct on the part of Roam Travel Company or their employees, officers or directors, in which case the Traveler retains the right to sue only Roam Travel Company in respect of that conduct. Travelers further agree that they will indemnify and hold Roam Travel Company harmless in respect of any claims arising in connection with the trip made by: i) third parties, which arise from the misconduct of the Travelers; ii) the Traveler’s family members, dependents or heirs; iii) third parties, which the Traveler, their estate, their family members, dependents or heirs have sued, if damages are recovered from such third parties, to the extent the third party obtains any indemnification from Roam Travel Company; except where the loss, injury, death or damage is caused by the reckless or fraudulent conduct on the part of Roam Travel Company, or their employees, officers or directors. RTC reserves the right to decline accepting any Traveler whose health or actions in RTCs sole judgment impede the operation of a trip or the welfare or enjoyment of fellow Travelers.

In addition and without limitation, Roam Travel Company is not responsible for any injury, loss, or death, or damage to property in connection with the provision of any goods or services whether resulting from, without limitation, to acts of God or force majeure, weather, quarantines, illness, disease, acts of war, civil unrest, insurrection/revolt, animals, labor unrest including strikes, criminal or terrorist activities of any kind, overbooking or downgrading of services, food poisoning, mechanical or other failure of means of transportation or travel delays, travel advisories or warnings.

Roam Travel Company will be resolved exclusively in the courts of the state of California and will be governed exclusively by California law.

GENERAL

The term “Roam Travel Company”, “RTC”, “us” and “we” refers to Roam Travel LLC, registered with the state of California.